



# News You Can Use

## Clinical Psychology Newsletter

American School of Professional Psychology  
Schaumburg

Issue 1

Fall 2008

### Special points of interest:

- Welcome, Dr. Rebecca Tews-Kozlowski, our new associate director of clinical training.
- 2008-2009 Student Council members.

### Inside this issue:

Message from Dr. Wasner 1

Upcoming Deadlines and events. 2

Message from Dr. Tews-Kozlowski 3

Frequently asked questions & Reminders 3

Recent Faculty Publications 4

Message from faculty 5

2008 -09 Student Council Members & Contact List 6

### Message from Dr. Wasner Campus Dean, ASPP Chair, Clinical Psychology Programs

Welcome to all new and continuing clinical students,

I hope you are all having a productive, interesting and even sometimes fun academic semester. This has already been a busy fall semester for our program with the welcoming of a new faculty member, Dr. Rebecca Tews-Kozlowski, as our new associate director of clinical training, and our early preparation for our APA reaccreditation process. Dr. Tews-Kozlowski brings several years of experience in both teaching and clinical training and we are very pleased to have her join our program. If you haven't had a chance to say hello to Dr. Tews-Kozlowski yet, please do so and welcome her to our campus.

#### APA Re-Accreditation Process:

In 2009 we will be at the end of our previous 7 year APA accreditation and are in the process of completing the reaccreditation self-study which is due in May 2009. Our program has not only continued its academic excellence and strength since our last accreditation in 2002, but we have added some outstanding faculty and continued to develop our curriculum and course offerings, so I am very confident about our reaccreditation future this coming year. You will be hearing more about this process as we proceed and I will be calling on a number of students to help us in our reaccreditation planning.

#### Areas of Specialization (Certificate Programs and Concentrations):

In addition to the broad and general training you are all getting in professional clinical psychology, if you are in the Psy.D., you also have the opportunity to organize your electives into an area of specialization, if you so choose. The primary organized areas of specialization are in Clinical Health Psychology, Clinical Forensic Psychology, Child and Family Psychology and Neuropsychology. The first three areas are organized into Certificate programs or concentrations and the final area, Neuropsychology is in the process of being approved by the University as a Certificate program. While most of you won't be thinking about any of these specializations until the 2<sup>nd</sup> year or beyond you should familiar yourselves with the requirements that are listed in the Auschaumburg.net intranet website. If you have an additional questions about these areas of specialization please contact the coordinators which are as follows: Dr. Dodzik (Forensics & Neuropsychology); Dr. Oster (Clinical Health Psychology) and Dr. Rastogi (Child and Family Psychology). Areas of specialization are an option for students but not required and you may simply select electives based on your own professional goals and interests.

Continued on page 2

In continuation from page I

### **Academic Advisors:**

By the way, the decision about whether to develop an area of specialization would be a good topic to explore with your academic advisor, who in case you have forgotten is always the seminar leader of your pro-group until you begin your CRP and then it becomes your CRP chair. The only exception is if you have formally changed your Academic advisor through the registrar. If anyone is uncertain of their academic advisor please send me an email. If you haven't talked to your academic advisor yet this academic year, stop by and say hello or call or send them an email to let them know how you are doing.

### **Spring Registration:**

As you are probably aware, spring registration started on November 3<sup>rd</sup>. We have had to delay the process for a couple of weeks due to adjustment to the new academic software system, called Campus Vue, which we have switched too. We are working out the bugs and glitches that occur whenever you switch major software systems and appreciate your patience with this process. If you are a new student please pay attention especially to the courses that you need to complete before going on Masters of Psy.D. Diagnostic Practicum. They are highlighted in the curriculum requirements and recommended sequences listed on the auschaumburg .net website. This also would be a good area to talk about with your academic advisors. (I think I sense a theme building here). We have faculty assigned for all but a couple of classes or sections and will have those posted within the next month. If you have any questions about the overall schedule please check with your advisors or Dr. Dodzik or myself.

In the future I hope to utilize this newsletter to provide you all more information about the program and answer questions you may have about your academic and professional careers. If you have specific questions or suggestions about what you would like included in this newsletter please feel free to contact myself at [jwasner@argosy.edu](mailto:jwasner@argosy.edu) or Cristnei Aquino at [cristneiaquino@comcast.net](mailto:cristneiaquino@comcast.net) who is the newsletter editor. Many thanks to Cristnei for getting this off the ground.

Have a good remaining fall and best of luck in your ongoing academic endeavors.

Jim Wasner, Ph.D.

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## Mark your Calendars!

### Upcoming Deadlines

Due to clinical training by November 14th no later than 4PM:

Pre-practicum Placement Form  
Practicum Intent Form

### Upcoming Events

Conducting Culturally Sensitive Couples Therapy with African Americans

Presented by: Dr. Anthony Chambers

November 13 in room 815

12:15—1:30



**Graduation Ceremony**  
at the Hemmens Cultural Center

Sunday, November 23rd, 2008



## Clinical Training Corner

Hi Clinical Psychology Folks

I just wanted to introduce myself. My name is Rebecca Tews-Kozlowski, Ph.D. I just joined Argosy Schaumburg as Associate Director of Training/ Associate Professor. I'm looking forward to meeting all of you and to working together with you and Dr. Carnazzo to make practica and internship a less stressful (if that's possible) and more educational and rewarding professional development experience.

While I am new to Argosy, I am not new to practicum site development, practicum/field placement supervision or teaching. I bring many years of experience, with this process and the work of helping people develop their clinical professional skills, to my new post. I have earned degrees from Middle Tennessee State University (M.A. ) and Marquette Uni-

versity (Ph.D.). I also have a private practice in Warrenville, IL. My clinical interests are in the area of clinical, social and family impact of brain differences whether genetic/developmental, acquired brain injury or traumatic brain injury. I work with individuals of all ages and with all diagnoses but have a particular emphasis on working with those under 25 and their families. I also consult with area agencies, schools and businesses who provide resources for this population.

My research interests have included inquiry into male/female perception of what the opposite gender looks for in a prospective mate (assortive mating), the physiological and psychological impact of video games, the impact of craniosynostosis on the developmental progress

of infants and the development of family dynamics, and most recently the impact of long term brain differences, access to community resources and family resilience in outpatient practice. I particularly enjoy research that helps connect community /applied practice to the larger body of research; program evaluation, outcome analysis etc.

I am very enthusiastic about Argosy Schaumburg and committed to helping each student develop goals for their professional growth that are realistic, exciting and challenging. Again, I am looking forward to meeting all of you and to working with you. Please reach me at [rtewskozlowski@argosy.edu](mailto:rtewskozlowski@argosy.edu) or 847-969-4990.

## Answers to frequently asked questions

**“Questions  
are the  
creative acts  
of  
intelligence”  
~ unknown**

**Q:** Where can I find clinical training forms?

**A:** Clinical training forms, licensure & career links, practicum sites, predoctoral and postdoctoral internships, testing materials, and training articles can call be found online at <http://64.205.204.206/pm5/clinicaltraining.asp>

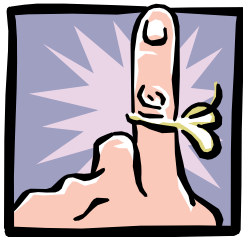
**Q:** I started my new practicum this month. What forms are due to clinical training?

**A:** Practicum Agreement and Practicum Learning Contracts are due to clinical training two weeks from that start of your practicum. Remember that these forms need to be signed by practicum supervisor.

Remember to keep copies of your documents for personal records!



## Insightful Reminders



### Student Services:

If you have not submitted current and official transcripts from your previous schools to Argosy University, you will have a hold on your account. Having a hold on your account will prohibit you from registering for future classes and prevent you from viewing the registration section of StudentLink. If you think there may be a chance you have not submitted official transcripts, please contact Student Services or the Registrar's Office.

Margaret Cusick

### Internship Meetings:

The first of the alternative meeting times began Tuesday night September 9<sup>th</sup>. Each subsequent month we will meet on the Tuesday of the same week as the Friday meetings—which will remain in place.

The meeting schedule will be as follows:

**Fridays** (9:00am-10:30am): 9/5, 10/3, 11/7, Dec – TBD, 1/9, 2/6  
**Tuesdays** (6:00pm-7:30pm): 9/9, 9/30, 11/4, Dec – TBD, 1/6, 2/3

Dr. Carnazzo

## Recent Faculty Publications

### Robert Eme, Ph.D., ABPP

Eme, R. (2007). Sluggish cognitive tempo: A new type of ADD. *The School Psychologist*, 61, 10-15.

### Marc Oster, Psy.D, ABPH

Oster, M. I. (2006). Hypnosis: History, definitions, theory, and application. In R. A. Chapman (Ed.), *The clinical use of hypnosis in*

### Peter Dodzik, Psy.D., ABPdN

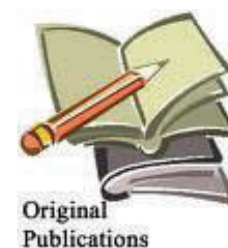
Dodzik, P. (2004). Dementia and sleep disorders. In A. Golbin, H. Kravitz, & L. G. Keith (eds) *Sleep Psychiatry*. New York, NY: Taylor & Francis.

### Rhonda Goldman, Ph.D.

Greenberg LS and Goldman R (2008). *Emotion-Focused Couples Therapy: The Dynamics of Emotion, Love and Power*. Washington, DC: American Psychological Association Press

### Mudita Rastogi, Ph.D.

Rastogi, M. (2007). Coping with transitions in asian indian families systemic clinical interventions with immigrants. *Journal of Systemic Therapies*, 26(2), 55-67.



## Keep in Touch!

Please remember to update your address, phone number, e-mail address, etc. in case of a change.

University emails are being sent to student's argosy email accounts.



## We welcome feedback!

We welcome any questions, comments, and suggestions!

*"Feedback is one of the essential elements of good communication."*

~ unknown

## Issue Quote:

### 10 Things to Subvert Professional Goals:

1. Underestimate the cost of your education & overestimate your return on investment.
2. Over commit yourself to jobs.
3. Be disorganized.
4. Wait for others to tell you what to do.
5. Alienate your adviser.
6. Fail to prioritize your study.
7. Underestimate the time for completion.
8. Fail to understand what actually is required of you.
9. Select an advisor who doesn't understand what is required.
10. Take a job and leave town before completing your program.

Source: [www.phd-survey.org/advice/advice.htm](http://www.phd-survey.org/advice/advice.htm)

## Issue Joke:

What do psychologist say to each other when they meet?

"You're fine, how am I!"



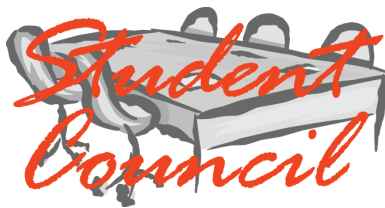
Dear students,

I teach an elective course on working clinically with women. It will be offered again in Summer 1, 2009, most likely on a Wednesday morning. We cover a vast array of issues across the lifespan such as mood disorders, eating disorders, motherhood, partnering and marriage, and aging. All this material is presented in the context of diversity, family systems and evidence based interventions. **In addition, this course counts toward the Child and Family Concentration electives.** Please let me know if you have questions. A formal course description is listed below.

**Course Description:** A majority of clients seeking or initiating psychotherapy are women. This advanced elective course will focus on the theoretical and clinical issues that are relevant to women in therapy. The course will run in a seminar format to provide an overview of the psychology of women with a focus on psychotherapy, multiculturalism and a systems perspective. The work of contemporary researchers and theoreticians will be contrasted with traditional psychological theory. The course will explore a variety of topics relevant to understanding women in their familial and social context including: theories of women's development, women's gender role socialization, issues that are particularly relevant to women in therapy such as connection and interdependence, common presenting problems such as depression, eating disorders, and violence, balancing one's own needs with those of others, striving for equality in relational, occupational and socio-political spheres, and other mental health challenges pertinent to women. Classroom time will include didactic material, examination of evidence based treatment, case material, student presentations, small group work, and discussions of the readings.

Mudita Rastogi, Ph.D.

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### 2008-2009 Student Council Members

#### **Executive Board**

Samantha Blevins, President  
 Cristnei Aquino, Vice President  
 Erin Millard, Secretary  
 Glenn Miller, Treasurer  
 Jenn Abernathy, Social Chair

sblevins@cnw.stu.argosy.edu  
 cristneiaquino@comcast.net  
 emillard@cnw.stu.argosy.edu  
 gmiller4@cnw.stu.argosy.edu  
 jenn35406@yahoo.com

#### **Representatives**

Peter Dodzik, PsyD, Psi Chi Representative  
 Kathleen Young, Forth Year Clinical Psych  
 Nikki Wood, Third Year Clinical Psych  
 Brian Burgess, Second Year Clinical Psych  
 Maria Devine Ogino, Counseling

pdodzik@argosy.edu  
 kyoung2@cnw.stu.argosy.edu  
 Niki.Wood1@gmail.com  
 bburgess@cnw.stu.argosy.edu  
 maria.ogino@mac.com

**We are on the Web!**  
<http://64.205.204.206/pm5/homepage.asp>



### Contact Information

Below is a list of contact information should you have questions during your enrollment at Argosy Schaumburg.

#### **Academic Administration**

Jim Chitwood, MBA, President  
 Tracy Robinson, PsyD, VPAA  
 Jim Wasner, Ph.D., Campus Dean, Clinical Psychology Program Chair  
 Peter Dodzik, PsyD, Associate Chair, Clinical Psychology

jchitwood@argosy.edu  
 trobinson@argosy.edu  
 jwasner@argosy.edu  
 pdodzik@argosy.edu

#### **Academic and Student Services**

Erlis R. Murph, Director of Academic & Student Services  
 Evelyn Humphries, MA, Registrar  
 Margaret Cusick, New Student Coordinator  
 Patricia Peters, Registration Coordinator

emurph@argosy.edu  
 ehumphries@argosy.edu  
 mcusick@argosy.edu  
 ppeters@argosy.edu

#### **Student Finance**

Judy Kribley, Director of Student Finance  
 Gwen Dodt, Financial Aid Assistant

jkribley@argosy.edu  
 gdodt@argosy.edu

#### **Clinical Training**

Joel Carnazzo, PsyD, Director of Training, Clinical Psychology  
 Rebecca Tews-Kozlowski, Ph.D., Assoc. Director of Training, Clinical  
 Barbara Hochgesang-- Clinical Psychology Support Coordinator

jcarnazzo@argosy.edu  
 rtewskozlowski@argosy.edu  
 bhochgesang@argosy.edu