



News You Can Use

Clinical Psychology Newsletter

American School of Professional Psychology
Schaumburg

Issue II

Spring 2009

Special points of interest:

- MATCH Results. Congratulations to our 2009-2010 interns!
- Message from current intern, Emily Young
- Therapist referral list for students.

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Message from Dr. Wasner Campus Dean, ASPP Chair, Clinical Psychology Programs

Happy Spring! After a rough winter warm weather is finally creeping in, the cubs and sox are swinging their bats and "March Madness" is almost over. I hope you all have a chance to take in the Spring air and refresh as you are finishing up the semester.

Summer Registration:

We have completed summer registration and have a wide variety of electives available for advanced Psy.D. students as well as a number of core courses. This academic year we have offered over 200 courses, including 44 electives (our largest total ever) and 158 core courses. Despite the large number of courses and sections offered there are always additional course demands and we have done our best to meet your needs as students. This summer we have recently added sections of PP7000 History & Systems; PP8010 Cognitive & Behavioral Theory & Therapy, PP8020 Person-Centered & Experiential Therapy, PP8650 Assessment & Treatment of Substance Use Disorders and PP8050, Family & Couples Therapy as well as electives in Assessment & Treatment of Juvenile Defenders and Adult Neuropsychological Assessment. Please check the updated summer schedule for adding these recent courses. Particularly for new students, be sure to check with your pro-group leader/academic advisor regarding your schedule or contact myself or Dr. Dodzik for additional course advisement.

APA Re-accreditation Process:

We are continuing to move along in our APA re-accreditation process. As I have mentioned previously, we are all very confident about a successful re-accreditation process. Our program has not only continued its academic excellence and strength since our last accreditation in 2002, but we have added some outstanding faculty and continued to develop our curriculum and course offerings, so I am very hopeful about our reaccreditation future this coming year. Stay tuned for more information about our self-study and student activities to help in our reaccreditation planning.

Internship Placement:

I want to congratulate all the Psy.D. Students who received Internship placements this past month. Later in the newsletter you will see a complete list. Please join me in congratulating them all on this significant achievement and watershed in their graduate training process. As the economy and mental health funding challenges make the internship process ever more competitive, I think our students have done very well in being placed at outstanding sites throughout the country. I particularly want to acknowledge the excellent work of our clinical training departments led by our Director of Clinical Training, Dr. Carnazzo, , Associate Director, Dr. Tews-Kozlowski, Clinical Support Coordinator, Barbara Hochgesang and all the advanced students and faculty who lent their support and expertise in this process. We will provide more complete placement data once the match and clearinghouse process are fully completed later in the Spring.

Let me know if you have other issues, questions, or topics you want me or other faculty to discuss in the newsletter.

All the best for the Spring and Summer terms.

Jim Wasner, Ph.D.



Clinical Training Corner

SPAR 1, SPAR 2, and Supervisor Evaluations
Due to clinical training April 1st

Internship and Practicum offer & accept letters
Due to clinical training as they become available

Answers to frequently asked questions

**“Questions
are the
creative acts
of
intelligence”**
~ *unknown*

Where can I find Argosy forms, and deadlines?

All forms, clinical training, financial aid, and student services forms as well any upcoming deadlines can be found online at <http://64.205.204.206/pm5/clinicaltraining.asp>

Please check our site regularly as new information is regularly posted.

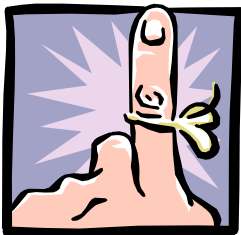
When is the Masters Clinical Comprehensive Exam being offered? Watch your Argosy email for dates.

I plan on participating in the internship MATCH process for the selection of the 2010-2011 training year while in my therapy practicum. When is the Advanced Track Application Due?

Remember to keep copies of your documents for personal records!



Insightful Reminders



Summer 2009 Semester
Session I: May 9—June 29
Session II: June 20— August 20

Clinical Comprehensive Examination (CCE)
April 1st

Priority deadline for the FAFSA and Institutional Financial Aid Application

Was March 1st
If you have not completed the above forms, please do so as soon as possible. All forms are processed as they are received.

Petition to Graduate Form to the Registrar's office with an End of Program

Processing fee of \$150.00
Due April 30th



Intern class of 2009-2010 for all your hard work and success throughout the internship process!

Jennifer Abernathy	South Florida Evaluation and Treatment Center Florida City, Florida
Jacquelyn Augustine	Hartgrove Hospital Chicago, Illinois
Nicolette Balkin	All Saints Health System/ Wheaton Franciscan Healthcare Racine, Wisconsin
Maggie Bishay	Chicago Area Christian Training Carol Stream, Illinois
Samantha Blevins	Colorado Department of Corrections Canon City, Colorado
Saloumeh Bozaogzadeh	Alexian Brothers Behavioral Health Hospital Hoffman Estates, Illinois
Mary Comperinin-Stoffe	Central California Psychology Internship Consortium Fresno, California
Sarah Dier	Washburn Center for Children Minneapolis, Minnesota
Pamela Dockstader	Hartgrove Hospital Chicago, Illinois
Amy Fox	Claret Center Chicago, Illinois
Julie Harris	Elgin Mental Health Elgin, Illinois
Melissa Juergens	Palos Behavioral Health Palos Park, Illinois
Reid Kehoe	West Virginia University Morganton, West Virginia
Danielle Keiper	Ohio Psychology Internship Consortium Akron, Ohio

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Intern class of 2009-2010 for all your hard work and success throughout the internship process!

Continued from page 4

Abbey Krupper	Phoenix VA Health Care System Phoenix, Arizona
Anne Kryszak	Elgin Mental Health Elgin, Illinois
Amy Kuechler	Lasing Neuropsychological Services Lansing, Michigan
Julia Laevsky	Pilgrim Psychiatric Center West Brentwood, New York
Nicole Maiden	Gateway Foundation Psychology Chicago, Illinois
Daidra Marano	DuPage County Health Department Lombard, Illinois
Erin Millard	Wright State University Dayton, Ohio
Inna Mirsky	Kane County Diagnostic Center Batavia, Illinois
Paminder Narang	Alberta Children's Hospital Calgary, Alberta Canada
Victoria Othon	Northeastern Minnesota / RMHC Hibbing, Minnesota
Erin Powers	Will County Health Department Joliet, Illinois
Brandon Shultz	Gateway Foundation Psychology Chicago, Illinois
Monica Siuta	Gateway Foundation Lake Villa, Illinois
Erica Stellick	Jackson Correctional Institute Black River Fox, Wisconsin

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Intern class of 2009-2010 for all your hard work and success throughout the internship process!

Continued from page 5

Jason Trautman	University of California Riverside, California
Whitney Tschan	Lake Forest College Lake Forest, Illinois
Stefanie Tweedly	Tarzana Treatment Center Tarzana, California
Karl Umbrasas	Walter Reed Army Medical Center Washington DC
Agorista Vasiliou	Palos Behavioral Health Palos Park, Illinois
Kathleen Young	VA Medical Center—Battle Creek Battle Creek, Michigan
Anna Zabiegly	Goodwill Industries of Northern New England Lewiston, Maine

“The uncertainties of the present always give way to the enchanted possibilities of the future. You are destined for greatness. Enjoy your journey and remember to have fun.

“With the passing of time you have acquired knowledge, understanding and friendship. With the help of many you are prepared to meet tomorrow’s challenges.”



You did it!
Congratulations and good luck!

MESSAGE FROM CURRENT INTERN, EMILY YOUNG

U.S. AIR FORCE

Fellow students,

Preparing and planning for internship can be a very stressful time for all of us. I would like to share my experiences with you in the hope that I can keep you informed about a potential internship opportunity. I am a Psy.D. student currently on internship and am also an Active Duty Officer in the United States Air Force. I do not come from a military family, and knew very little about the military until a supervisor approached me on my diagnostic practicum and told me about the opportunities for excellent psychology training in the AF. Over the next year and a half, my interest in AF psychology increased as I learned about the training and opportunities available. I'm guessing that many of you do not know very much about what a military internship entails, which is why I am writing this piece.

The Air Force offers 26 APA accredited internship positions across three sites every year. When you match with the AF, you incur a 4 year service commitment. You are paid as an active duty Captain, and depending on your location, will be paid between \$58,000 and \$65,000. Before you begin internship, you will go to Officer Training School for five weeks to learn about how the military works and how to be a new officer. Once on internship, you will be trained in a number of areas including: outpatient mental health, Primary Care Psychology, Clinical Health Psychology, Neuropsychology, military specific evaluations, deployment psychology, substance abuse, domestic violence prevention and treatment, and officership. The military offers excellent opportunities for training in empirically-based treatments. I have only been on internship for six months and have already been trained in the two main empirically supported treatments for PTSD, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE).

After your first assignment in the AF, you have the opportunity to apply for post-doctoral fellowships in Neuropsychology, Clinical Health Psychology, Psychopharmacology, Child and Adolescent Psychology, and Aviation Psychology. I have been very impressed with the training I have received in the Air Force, which is why I want to spread the word to my classmates. The faculty at each of the sites is excellent, the supervision is more extensive than you will find at other sites, and the experiences for training are wide ranging. It is a great opportunity to be part of an organization that is so important, and to work on a daily basis with the brave men and women who serve our country. I am proud to wear the uniform (yes, I do wear a uniform every day to work). The military is not for everyone, but it has been an excellent fit for me, my personal situation, and my clinical training needs and interests, and I strongly recommend it. Please contact me at emyoung820@yahoo.com if you would like more information. I would love to tell you more about



it.

Emily Young, Capt, USAF, BSC
Psychology Resident
Wright Patterson Medical Center, OH

Recent Faculty Publications

Robert Eme, Ph.D., ABPP

Eme, R. (2009). Attention-Deficit/Hyperactivity Disorder and Correctional Health Care. *Journal of Correctional Health Care*, 15(1), 5-18.

Eme, R. (2009). Attention-Deficit/Hyperactivity Disorder and the Juvenile Justice System. *Journal of Forensic Psychology Practice*, 8(2), 174-185.

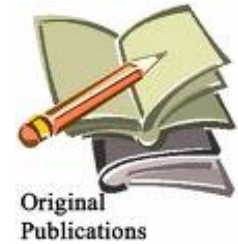
Hurley, P. & Eme, R. (2008). *ADHD and the Criminal Justice System*. BookSurge, LLC.

The following article will be published October 2009 issue of the journal "Family Court Review". It is entitled "ADHD and the Family Court."

The following paper was published this January. Dr. Eme as had his paper accepted for presentation in a poster session at the APA convention this August in San Francisco. The paper is entitled "Adolescent ADHD and SUD"

Mudita Rastogi, Ph.D.

Rastogi, M. & Volver, T. (2008). *Multicultural Couple Therapy*. SAGE Publications.



Keep in Touch!

Please remember to update your address, phone number, e-mail address, etc. in case of a change.

University emails are being sent to student's argosy email accounts.



We welcome feedback!

We welcome any questions, comments, and suggestions!

"Feedback is one of the essential elements of good communication."

~ unknown

Issue Quote:

The block of granite which was an obstacle in the pathway of the weak, became a stepping-stone in the pathway of the strong.

Thomas Carlyle



Issue Joke:

Welcome to the Psychiatric Hotline.

- If you are obsessive-compulsive, please press 1 repeatedly.
- If you are co-dependent, please ask someone to press 2.
- If you have multiple personalities, please press 3, 4, 5, and 6.
- If you are paranoid-delusional, we know who you are and what you want. Just stay on the line so we can trace the call.
- If you are schizophrenic, listen carefully and a little voice will tell you which number to press.
- If you are depressed, it doesn't matter which number you press. No one will answer.
- If you are delusional and occasionally hallucinate, please be aware that the thing you are holding on the side of your head is alive and about to bite off your ear.

A Note About the American School of Professional Psychology , Schaumburg Campus Therapist Referral List

Health...is largely the art of listening—Levoy



Graduate study in psychology is an academically demanding and emotionally challenging experience. Many students find it helpful to get into psychotherapy at this time. In addition to getting help to deal with the stresses of this experience, many students are able to do significant personal growth work. Many practicing clinicians have described their own psychotherapy experience as having played an important role in their professional development. In fact, many psychologists believe that having one's own therapy is an indispensable part of becoming a psychologist.

In order to help our students have their own psychotherapy, the faculty of ASPP-Schaumburg has compiled a list of therapists in the community. The list can be found at auschaumburg.net under academic departments → Clinical Psychology. The therapists included in this list have expressed an interest in seeing psychology graduate students for psychotherapy. Please note that inclusion in this list is not meant to be construed as an official endorsement of that clinician by ASPP-Schaumburg. Inclusion simply means that at least one faculty member has recommended that clinician as a prospective therapist.

Any student wishing to see one of the clinicians on this list should call that clinician on their own. Some of the clinicians have a sliding scale available for students, but not all of them do. It is the responsibility of the student to negotiate fees, appointment times, etc., with that clinician.

Students should keep in mind that the ethics of our profession dictate that dual relationships with psychotherapists are to be avoided whenever possible. Consequently, students should take care to avoid selecting a therapist who also teaches at Argosy - including adjunct faculty.

All efforts are made to keep this list current, but some of the addresses, phone numbers and fees may be out of date. It is requested that if a student discovers that any of the information in the list is incorrect or outdated, that this be reported to the faculty so that the necessary changes can be made.

Dr. Chet Mirman



2008-2009 Student Council Members

Executive Board

Samantha Blevins, President
 Cristnei Aquino, Vice President
 Erin Millard, Secretary
 Glenn Miller, Treasurer
 Jenn Abernathy, Social Chair

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Representatives

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 Michael Topel, PsyD, Psi Chi Representative
 Kathleen Young, Forth Year Clinical Psych
 Nikki Wood, Third Year Clinical Psych
 Brian Burgess, Second Year Clinical Psych
 Annette Mastalerz, First Year Clinical Psych
 Maria Devine Ogino, Counseling

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 maria.ogino@mac.com

We are on the Web!
<http://64.205.204.206/pm5/homepage.asp>



Contact Information

Below is a list of contact information should you have questions during your enrollment at Argosy Schaumburg.

Academic Administration

Jim Chitwood, MBA, President
 Tracy Robinson, PsyD, VPAA
 Jim Wasner, Ph.D., Campus Dean, Clinical Psychology Program Chair
 Peter Dodzik, PsyD, Associate Chair, Clinical Psychology

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 jwasner@argosy.edu
 pdodzik@argosy.edu

Academic and Student Services

Erlis R. Murph, Director of Academic & Student Services
 Evelyn Humphries, MA, Registrar
 Margaret Cusick, New Student Coordinator
 Patricia Peters, Registration Coordinator

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 mcusick@argosy.edu
 ppeters@argosy.edu

Student Finance

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 Gwen Dodt, Financial Aid Assistant

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Clinical Training

Joel Carnazzo, PsyD, Director of Training, Clinical Psychology
 Rebecca Tews-Kozlowski, Ph.D., Assoc. Director of Training, Clinical
 Barbara Hochgesang-- Clinical Psychology Support Coordinator

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 bhochgesang@argosy.edu